

School News from the Catholic District School Board of Eastern Ontario

School: Holy Trinity CSS

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First *Inside Ride* at Holy Trinity CSS Raises Money for Kids Fighting Cancer

Cornwall, ON – Staff and students at Holy Trinity Catholic Secondary School are celebrating the success of their first ever *Inside Ride* fundraiser for children with cancer and are reporting the event raised a staggering \$3,100.00 to help children fighting the disease.

The *Inside Ride* is Canada's first indoor cycling challenge and fundraising event dedicated to raising money to support children with cancer. It is organized by the Coast to Coast Against Cancer Foundation. Teams of six players ride a special stationary bike for a total of 60 minutes (6 x 10 minute long shifts) and compete for various prizes and awards, while raising money for the cause.

The Coast to Coast Foundation uses the funds to assist children living with cancer in several ways, including: community support programs, academic scholarships and programs focused on inspiring hope and improving the prognosis for children with the disease.

Prior to the event, teams collected pledges based on total individual and team mileage. Participants competed for prestigious awards, such as the *Highest Individual Mileage Attained* and *Highest Team Mileage Attained*. Teams also chose themes and each member dressed in costume based on that theme, vying for another award: *Best Team Spirit*.

The only exception to the team rule was Matt Despatie, who rode for the entire hour himself, completing 28 kilometres on the bike. Matt also took home the award for *Highest Individual Mileage Attained* (male) in 10 minutes with a total of 5.6 kilometres. Other top awards went to teacher Mindy Besner for *Highest Individual Mileage Attained* (female) in 10 minutes with 4.3 kilometres, and Ricky Despatie who won Top Fundraiser with \$245.00 raised for the cause.

Holy Trinity CSS Principal, Brian Landry, said the event was a perfect fit for his school. "The *Inside Ride* is put on in the spirit of giving selflessly. I am overjoyed that I get to witness that spirit alive in our students on a daily basis. We are very pleased that we were able to join this effort and hope to raise even more money the next time we host it."

For more information, please contact CDSBEO Communications Officer Bob Perreault at 613-258-7757 or 1-800-443-4562 ext. 206 or 613-859-0678 (mobile).

The Catholic District School Board of Eastern Ontario operates 40 elementary and 10 secondary schools across 8 counties. The CDSBEO offers excellence in Catholic education through provincial-leading programs to approximately 15,000 students.

Attached Photos:

Holy Trinity Inside Ride: Members of the Coast to Coast Against Cancer Foundation accept a donation of \$3,100.00 from Holy Trinity CSS students and staff as they held the school's first ever Inside Ride fundraiser for kids with cancer.

