

**Family Life Education**  
**Scope and Sequence: Fully Alive and AIDS: A Catholic Educational Approach to HIV**  
**Catholic District School Board of Eastern Ontario**

<b>MONTH</b>	<b>September/ October</b>	<b>November/ December</b>	<b>January/ February</b>	<b>March/April</b>	<b>May/ June</b>
<b>THEMES</b>	<b>Created and Loved by God</b>	<b>Living in Relationship</b>	<b>Created Sexual: Male and Female</b>	<b>Growing in Commitment</b>	<b>Living in the World</b>
<b>Grade Six Concepts</b>	<ul style="list-style-type: none"> <li>❖ Every person is created by God to be loved and to love</li> <li>❖ Reflecting on who you are</li> <li>❖ Understanding the ways people grow and develop through life</li> <li>❖ Recognizing that others nurture our physical, intellectual, social, emotional and spiritual growth</li> <li>❖ Appreciating life- giving love</li> </ul>	<ul style="list-style-type: none"> <li>❖ Value of relationship with friends and family</li> <li>❖ Influence of family heritage on identity</li> <li>❖ Nature and normalcy of family stress</li> <li>❖ Importance of honest communication</li> <li>❖ True friendship</li> <li>❖ Stress in friendship</li> </ul>	<ul style="list-style-type: none"> <li>❖ Respecting the gift of sexuality</li> <li>❖ Sexual attraction and marriage</li> <li>❖ Detailed fetal development</li> <li>❖ How heredity and environment influence development</li> <li>❖ Development at puberty</li> <li>❖ Four ways the AIDS virus is transmitted</li> <li>❖ Scripture and Church teaching on chastity and sexual intercourse</li> <li>❖ Coping with peer pressure</li> <li>❖ Handling bleeding accidents safely</li> </ul>	<ul style="list-style-type: none"> <li>❖ Deepening understanding of commitment</li> <li>❖ Models of commitment</li> <li>❖ Personal commitments</li> </ul>	<ul style="list-style-type: none"> <li>❖ Each individual can influence and be influenced by society</li> <li>❖ Values and the media</li> <li>❖ Our influence on the social and physical environment</li> </ul>

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<b>Grade Seven Concepts</b>	<ul style="list-style-type: none"> <li>❖ Each person is a mystery</li> <li>❖ The concept of personality types</li> <li>❖ The influence of heredity and environment</li> <li>❖ Self-acceptance</li> </ul>	<ul style="list-style-type: none"> <li>❖ Intimacy, choice, and quality are key elements in relationships</li> <li>❖ Family structure</li> <li>❖ Birth order</li> <li>❖ Importance of communication</li> <li>❖ Communication rules</li> <li>❖ Special issues in family living</li> <li>❖ The influence of friendship</li> <li>❖ Peer pressure</li> <li>❖ Balancing family and friends</li> </ul>	<ul style="list-style-type: none"> <li>❖ Sexuality is integral to personality</li> <li>❖ Sexuality is relational</li> <li>❖ The concepts of masculinity and femininity</li> <li>❖ Sexual identity</li> <li>❖ Sexual roles</li> <li>❖ Sexual stereotyping</li> <li>❖ Puberty</li> <li>❖ Male and Female fertility</li> <li>❖ Sexual attraction</li> <li>❖ Sexuality and decision making</li> <li>❖ Accurate terminology related to human immunodeficiency virus (HIV) and AIDS</li> <li>❖ Symptoms of HIV infection and AIDS</li> <li>❖ About testing for HIV infection</li> <li>❖ Effects of HIV/AIDS</li> </ul>	<ul style="list-style-type: none"> <li>❖ Adolescent ambivalence about growing up</li> <li>❖ Responsibility and freedom</li> <li>❖ Decision-making model</li> <li>❖ Responsibility to self and others</li> <li>❖ Balancing responsibilities</li> </ul>	<ul style="list-style-type: none"> <li>❖ The nature of groups</li> <li>❖ We gather together to celebrate, support one another, make changes, and work</li> <li>❖ Responsibilities to the group</li> <li>❖ Respect for group members</li> <li>❖ Prejudice</li> </ul>

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<b>Grade Eight Concepts</b>	<ul style="list-style-type: none"> <li>❖ The wonder of being</li> <li>❖ Respect and value of the unique gifts of the human mind</li> <li>❖ Accept their responsibility to develop the gifts that make them human</li> </ul>	<ul style="list-style-type: none"> <li>❖ Relationships</li> <li>❖ Appreciate the value of intimate relationships</li> <li>❖ Family roles</li> <li>❖ Adolescent friendships</li> </ul>	<ul style="list-style-type: none"> <li>❖ Present understanding of sexuality</li> <li>❖ Develop a sense of perspective about their bodies, feelings, and relationships</li> <li>❖ Sexually transmitted diseases</li> <li>❖ Family planning</li> <li>❖ Potential stages of HIV infection</li> <li>❖ More detail about the four ways in which HIV infection can be transmitted</li> <li>❖ Morality and risk involved in using condoms</li> <li>❖ Choosing responsibly regarding sex, drugs, and alcohol</li> </ul>	<ul style="list-style-type: none"> <li>❖ Changing nature of commitments during adolescence</li> <li>❖ Adolescent commitment to be true to themselves through puberty</li> <li>❖ Positive strategies for handling stress</li> </ul>	<ul style="list-style-type: none"> <li>❖ Responsibilities to participate in building a loving and just society</li> <li>❖ Examine social justice issues</li> <li>❖ Using essential personal qualities to practice social justice</li> </ul>

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Grade Five Concepts	<ul style="list-style-type: none"> <li>❖ God's love is forever</li> <li>❖ Appreciating uniqueness of others</li> <li>❖ 5 stages of human life</li> <li>❖ Death as part of life</li> <li>❖ Recognizing the positive influence we have on the lives of others</li> </ul>	<ul style="list-style-type: none"> <li>❖ Family love as a precious value</li> <li>❖ Family rules as a sign of family love</li> <li>❖ Importance of support and co-operation within a family dealing with change</li> <li>❖ Importance and freely chosen nature of friendship</li> </ul>	<ul style="list-style-type: none"> <li>❖ Reproductive system in the context of other body systems</li> <li>❖ God's gift of sexuality</li> <li>❖ Human fertility</li> <li>❖ Emotional, social and physical changes of puberty</li> <li>❖ The body's immune system and its destruction by the AIDS virus</li> <li>❖ Saying no to illegal drugs</li> <li>❖ Compassion toward persons with AIDS virus or other illnesses</li> </ul>	<ul style="list-style-type: none"> <li>❖ Personal responsibility</li> <li>❖ Qualities of commitment</li> <li>❖ Commitment in our daily lives</li> </ul>	<ul style="list-style-type: none"> <li>❖ Concept of community</li> <li>❖ Qualities of a good community</li> <li>❖ World community</li> </ul>

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Grade Four Concepts	<ul style="list-style-type: none"> <li>❖ Life is a gift</li> <li>❖ Similarities and differences</li> <li>❖ Growing and developing</li> <li>❖ Others help us grow</li> <li>❖ How our actions affect others</li> </ul>	<ul style="list-style-type: none"> <li>❖ Family activities</li> <li>❖ How families show love</li> <li>❖ Dealing with feelings in a difficult family situation</li> <li>❖ Sharing family responsibilities</li> <li>❖ Making friends and being a friend</li> </ul>	<ul style="list-style-type: none"> <li>❖ Family relationships</li> <li>❖ How life begins</li> <li>❖ From a tiny cell to a new baby</li> <li>❖ A baby is born</li> <li>❖ Thinking about growing up</li> <li>❖ The three ways children can get the AIDS virus</li> <li>❖ Recognizing and avoiding the risks in using unsterile needles</li> <li>❖ Dealing with peer pressure</li> <li>❖ God's gift of the body which will be abused if one uses drugs</li> </ul>	<ul style="list-style-type: none"> <li>❖ What are commitments?</li> <li>❖ Making commitments</li> <li>❖ Keeping commitments</li> </ul>	<ul style="list-style-type: none"> <li>❖ The world is our home</li> <li>❖ Caring for our world-home</li> <li>❖ Building God's world-home</li> </ul>

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<b>Grade Three Concepts</b>	<ul style="list-style-type: none"> <li>❖ Each person is special</li> <li>❖ Being proud of my and your qualities</li> <li>❖ Different ways of expressing feelings</li> <li>❖ Recognizing and sharing talents</li> </ul>	<ul style="list-style-type: none"> <li>❖ Families are unique</li> <li>❖ Sharing family love</li> <li>❖ Coping with family changes</li> <li>❖ Valuing family members</li> <li>❖ Importance of friends</li> <li>❖ Being part of a group</li> </ul>	<ul style="list-style-type: none"> <li>❖ Parents share a special love</li> <li>❖ How life begins</li> <li>❖ A baby's first home</li> <li>❖ A baby is born</li> <li>❖ Being male, being female</li> <li>❖ The AIDS virus is not caught through children's activities</li> <li>❖ Rules and precautions that promote health and safety</li> <li>❖ Saying no to risky behaviours</li> </ul>	<ul style="list-style-type: none"> <li>❖ Family commitments</li> <li>❖ Making decisions</li> <li>❖ Getting help to make decisions</li> </ul>	<ul style="list-style-type: none"> <li>❖ People all over the world are alike and different</li> <li>❖ Variety and value of work</li> <li>❖ Learning how to work</li> </ul>

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Grade Two Concepts	<ul style="list-style-type: none"> <li>❖ Each person is Special</li> <li>❖ Mental and physical growth</li> <li>❖ Expression of feelings</li> <li>❖ A person's unique qualities</li> <li>❖ Qualities of others</li> </ul>	<ul style="list-style-type: none"> <li>❖ Families are unique</li> <li>❖ Signs of family love</li> <li>❖ Family changes-moving</li> <li>❖ Sibling conflicts</li> <li>❖ Friendship</li> <li>❖ Co-operation among friends</li> </ul>	<ul style="list-style-type: none"> <li>❖ Sharing love and becoming parents</li> <li>❖ New life begins in the family</li> <li>❖ New life has a special home in the mother</li> <li>❖ A baby is born</li> <li>❖ Human bodies are gifts from God</li> <li>❖ The meaning of 'contagious'</li> <li>❖ Germs and how they spread</li> <li>❖ Identifying and weighing good/bad as well as kind/unkind</li> <li>❖ Life is a gift which needs care</li> </ul>	<ul style="list-style-type: none"> <li>❖ People who care for us</li> <li>❖ Keeping promises</li> <li>❖ Making decisions</li> </ul>	<ul style="list-style-type: none"> <li>❖ The world is a good place</li> <li>❖ Natural resources as God's gift</li> <li>❖ The purpose and value of human work</li> </ul>

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Grade One Concepts	<ul style="list-style-type: none"> <li>❖ Creation as a gift from God</li> <li>❖ People are a special Creation of God</li> <li>❖ The child as a unique person</li> <li>❖ Likes and dislikes</li> <li>❖ Importance of feelings</li> <li>❖ Growing and changing feelings</li> </ul>	<ul style="list-style-type: none"> <li>❖ The child's family</li> <li>❖ Families change with a baby</li> <li>❖ The child's place in the family</li> <li>❖ Friends</li> </ul>	<ul style="list-style-type: none"> <li>❖ Love and marriage</li> <li>❖ Sharing love and becoming parents</li> <li>❖ Beginning of life as God's plan</li> <li>❖ Life before birth as God's design</li> <li>❖ Boys and girls are created by God</li> <li>❖ Role model for sexual identities</li> <li>❖ Jesus cared for the sick</li> <li>❖ Identifying persons who are to be trusted</li> <li>❖ Identifying and weighing safe and dangerous choices before acting</li> <li>❖ Helping others who are sick</li> </ul>	<ul style="list-style-type: none"> <li>❖ Family members care for each other</li> <li>❖ Making promises</li> <li>❖ Learning how to make choices</li> </ul>	<ul style="list-style-type: none"> <li>❖ The World is an exciting place</li> <li>❖ Caring for God's world</li> <li>❖ Working in the world</li> </ul>