

**SCHOOL BOARD PROGRESS REPORT**  
on  
**Policy/Program Memorandum No. 135**  
*(Healthy Foods and Beverages in Elementary School Vending Machines)*

Please indicate your progress in achieving the recommended standards set out in P/PM No. 135 by answering the questions below.

Completed reports are to be made available to your school community through your school councils and posted on your public web site *(if applicable)*.

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**SCHOOL BOARD NAME** - Catholic District School Board of Eastern Ontario

- 1. How many elementary schools, operated by the board, had vending machines that dispensed foods or beverages prior to October 20, 2004?**

16 (Beverage machines only – no cola)

- 2. Of the elementary schools that had vending machines prior to October 20, 2004, how many offered foods or beverages that were not consistent with the recommended standards set out in P/PM No. 135?**

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- 3. How many elementary schools, operated by the board, currently have vending machines that dispense foods or beverages?**

16 (Beverage machines only – no cola)

- 4. Do the foods and beverages currently dispensed through vending machines in these elementary schools follow the recommended standards set out in P/PM No. 135?**

NO (some use of fruit drinks & sport drinks)

- 5. How many elementary schools have vending machines that dispense foods or beverages that do not follow the recommended standards set out in P/PM No. 135?**

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6. **Has the board established a target date by which all elementary school vending machines will follow the recommended standards set out in P/PM No. 135?**

September 2005

7. **Are there any other school board programs, policies, guidelines, or best practices that the school board would like to highlight related to the creation of healthy learning environments for students? If so, please add any additional information or comments below.**

A committee has been set up to study all aspects of nutrition in our elementary and secondary schools and will report to our Board in April of 2005.

This report will cover the following subjects:

- The creation of a Board policy on Nutrition
- The implementation of P/PM No. 135
- The ongoing implementation of the 'Eat Smart' program in secondary schools as a continuation of our emphasis on nutritional eating throughout the entire education spectrum JK – Grade 12.
- A look at greater emphasis, refinement and promotion of healthy life style, and healthy living through the regular curriculae – especially in physical education.

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