

You must screen for COVID-19 every day before going to school. You can fill this out on behalf of your child.

- **Has your child travelled outside of Canada in the last 14 days?**
- **In the last 14 days, have they tested positive for COVID-19?**
- **In the last 14 days, have they been in close physical contact with someone who currently has COVID-19?**
This includes getting a COVID-19 Alert exposure notification.
- **Has a doctor, health care provider, or public health unit told them that they should currently be isolating (staying at home)?**

YES to one of more of these questions

DO NOT Go to School

Next steps

1. Contact the school to let them know about this result
2. They should isolate (stay home) and not leave except to get tested or for a medical emergency
3. Talk with a doctor/health care provider or visit an assessment centre to get a COVID-19 test

NO to all questions

Is your child currently experiencing any of these symptoms?

- **Fever**- Temperature of 37.8 degrees Celsius/100 degrees Fahrenheit or higher
- **Chills**
- **Cough that's new or worsening**-Continuous, more than usual, not related to other known causes or conditions (for example, COPD)
- **Barking cough, making a whistling noise when breathing**-Croup, not related to other known causes or conditions
- **Shortness of breath**-Out of breath, unable to breathe deeply, not related to other known causes or conditions (for example, asthma)
- **Sore throat**-Not related to other known causes or conditions (for example, seasonal allergies, acid reflux)
- **Difficulty swallowing**-Painful swallowing, not related to other known causes or conditions
- **Runny nose**-Not related to other known causes or conditions (for example, seasonal allergies, being outside in cold weather)
- **Stuffy or congested nose**-Not related to other known causes or conditions (for example, seasonal allergies)
- **Decrease or loss of taste or smell**-Not related to other known causes or conditions (for example, allergies, neurological disorders)
- **Pink eye**-Conjunctivitis, not related to other know causes or conditions (for example, reoccurring styes)
- **Headache that's unusual or long lasting**-Not related to other known causes or conditions (for example, tension-type headaches, chronic migraines)
- **Digestive issues like nausea/vomiting, diarrhea, stomach pain**-Not related to other known causes or conditions (for example, irritable bowel syndrome, anxiety in children, menstrual cramps)
- **Muscle aches that are unusual or long lasting**-Not related to other known causes or conditions (for example, a sudden injury, fibromyalgia)
- **Extreme tiredness that is unusual**-Fatigue, lack of energy, not related to other known causes or conditions (for example, depression, insomnia, thyroid dysfunction)

YES to one or more symptoms

DO NOT Go to School

Next steps

1. Contact the school to let them know about this result
2. They should isolate (stay home) and not leave except to get tested or for a medical emergency
3. Talk with a doctor/health care provider or visit an assessment centre to get a COVID-19 test

Siblings or other people you live with who do not have symptoms are not required to isolate. They should monitor for symptoms and be assessed/ tested if symptoms develop.

NO Symptoms

Go to School

You can go to school because you seem to be healthy and have not been exposed to COVID-19.