

## CATHOLIC DISTRICT SCHOOL BOARD OF EASTERN ONTARIO

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## PARENT INVOLVEMENT COMMITTEE MEETING Tuesday, October 12<sup>th</sup>, 2021 6pm

## **Minutes**

Attendance: Veronica Hariski, Ashley Walker, Ellie Fuller, Kathryn Ferguson, Shannon Potvin, Jennifer Ross, Trustee Jennifer Cooney, Superintendent McDonald.

1. Prayer & Welcome – Norma

Prayer for Parent Involvement Committee God our Father,

You have called us together once again to do work that will further Your kingdom on earth.

Let our efforts be for the support of parents and friends whom we represent,

and for the advancement of the mission of our schools.

We ask you to preside over our meeting and our labours, and to bless all our endeavours.

Help us to build a community united in harmony of love and service.

We ask this through Christ our Lord,

Amen

First Parent Workshop for the 2021-22 School Year -

## Scott Ste Marie – Social Media and Mental Health Workshop

- 1. Strategies to communicate effectively with your child
- 2. Understanding digital trails, data mining and digital footprints
- 3. Why anxiety disorders and depression are on the rise in children
- 4. How social media and screen time impact emotional health and wellbeing.

Scott was very generous with his time and was called into our meeting for 45 minutes! He provided an overview of his background having worked for both Twitter and Facebook, and social media agencies. It was agreed unanimously to have Scott present to our parents and students. We have established the following dates:

- November 25<sup>th</sup>, Scott will present to our CDSBEO Student Senate – our HS student council representatives and staff who meet centrally throughout the school year.
- November 30<sup>th</sup> Scott will present two virtual presentations to Grades 4, 5, and 6, as well as Grades 7&8, throughout CDSBEO

Learning and Growing Together in Christ

schools.

- Wednesday, December 1<sup>st</sup> Scott will present to Grades 10-12 throughout our board.
- December 1st evening Scott will present a parent workshop from 6 to 7:30 pm that will be hosted by PIC. These presentations have been booked and coordinated by Superintendent McDonald.
- 3. **Chair and Co-Chair** It was agreed that we would use an electronic survey to choose our Chair or two Co-Chairs. All PIC members are encouraged to vote. Link and directions provided through email to all PIC members.
- 4. **PIC funds allocation** Superintendent McDonald reviewed PIC budget Reviewed the *Parents Reaching Out Grant* spending for the 2020-21 school year. \$9,107 funds provided by the Ministry of Education for guest speaker Dr. Jean Clinton as well as website updates to provide a new website and links to parent workshops/information.
- 5. **Next Meeting Date** December 1<sup>st</sup> is our first parent event. Request that all PIC members join the presentation that evening.