



CATHOLIC DISTRICT SCHOOL BOARD OF EASTERN ONTARIO

Box 2222, 2755 Highway 43 - Kemptville, Ontario - K0G 1J0
Phone: 613-258-7757 Toll-Free: 1-800-443-4562 Fax: 613-258-7134
www.cdsbeo.on.ca



MINUTES OF THE VIRTUAL SPECIAL EDUCATION ADVISORY COMMITTEE MEETING Wednesday, October 27th, 2021 Microsoft Teams – 6:05 to 7:00 p.m.

SEAC Members:

Sue Wilson, (Chair)

Trustee

Amanda Banfield (Vice Chair)

Lanark County Support Services

Karen McAllister

Trustee

Rob More

Rural FASD Support Network

Deena Shorkey

Cornwall Community Hospital

Tom Jordan

Family and Children Services of Lanark,

Leeds, and Grenville

Kim Peterson

Member at Large

Board Resource Staff:

Heather Gerber

Superintendent of School Effectiveness

Renee Rozon

Principal of Special Education

Kariane Schinzel

Administrative Assistant to

Superintendent Gerber

Guests:

Rhonda Peterson

CUPE

Trudy Scott

CUPE

Cindy Scott

Behaviour Crisis Consultant, CDSBEO

Lorraine Boyer

Parent (Pope John Paul,

St. Francis Xavier, Hammond)

Jeff Hayes

CSC Representative,

St. Mary, Chesterville

Sarah Derks

Special Education Resource Teacher,

St. Mary, Chesterville

Jennifer Berkelaar

Parent, St. Mary, Chesterville

Deborah Terrance

Independent First Nations Federal

Education Senior Policy Analyst

Meghan Jarzyna

CSC Representative,

St. Mary CHS, Brockville

Approved Regrets with notification: n/a

Welcome, Introductions and Roll Call

Sue Wilson (Chair) called the meeting to order at 6:00 p.m. and welcomed all members and guests.



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Roll Call

All in attendance

Land Acknowledgement

Superintendent Heather Gerber Acknowledged the Land.

Opening Prayer

Principal Rozon led the group in the opening prayer.

I. Approval of Agenda

Moved by: Tom Jordan CARRIED

II. Sharing September 29th, 2021, Minutes

SEAC minutes were electronically approved on October 4th, 2021.

Motion:

To receive minutes as presented.

Moved by: Deena Shorkey CARRIED

III. Association Updates

Lanark County Support Services – Amanda Banfield

Report update:

- The DSO will be offering service agencies training for planning with SIS (Supports Intensity Scale) document over the coming weeks.
- Change to passport funding: Many of the mileage claims currently being processed by PP1 are being sent for review, some of which are not being reimbursed as per MCCSS's clarification of mileage admissibility. Moving forward, mileage will only be reimbursed if it is related specifically to the instances that fall within the spirit of the guidelines which is *to afford recipients the opportunity to engage in activities that promote social inclusion and learning opportunities*. Daily activities that we all need to perform such as shopping are not covered unless it is a specific to a learning step supported by a worker. Rural areas are unable to take advantage of public transportation, specifically bus passes, however, MCCSS has indicated that no accommodation will be made to those living rurally in lieu of a bus pass and will only continue to approve mileage/taxis etc. where the activity is admissible as per the above list. This is a discussion item at the provincial level. Further clarification of guidelines for passport funding will be issued in the fiscal year 2022.



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Rural FASD Support Network – Rob More

Report update:

- Shelby Derosé has been selected as a Federal Youth Accessibility Leader through the Enabling Accessibility Fund. She is partnering with the Rural FASD Support Network to develop a national youth-first voice awareness program.
- Website is now live at ruralfasd.ca to learn about everything we are doing, we invite you to check it out.
- MaryLou MacFarlane of Fawg Forest, animal facilitated therapist pioneer, presented on how she developed this alternative therapy on Oct 16.
- We have now paid for nine youth with FASD and trauma to begin mental health therapy in the past year through our Bell Let's Talk funding. Bell has now told us they are eliminating the time deadline and allowing the youth to take as long as they need based on the positive impact.
- We have been invited to present again at the CMHO Annual Conference Nov 23-Dec 3.
- Brook Robinson, our student intern has now identified 64 organizations in the counties of Lanark or Leeds-Grenville who provide service in one of the twelve sectors needed for people with FASD to achieve a healthy outcome. She has interviewed 26 of the organizations for the environmental scan and gap analysis report being given to Minister Steve Clark, MPP and Scott Reid, MP.
- HR Block, Smiths Falls has now setup our entire accounting and inventory system and serving as our bookkeeper.
- Cassie More, CDSBEO grad, was featured on 93.1 for being able to successfully transition to college and living independently while overcoming FASD, a developmental disability, hearing loss and childhood trauma.
- On Oct 16, we connected 34 people with FASD and their caregivers for 4 hours creating over 700 touchpoints. We continue to maintain the largest FASD support group in the country.
- RFASD Founders have been nominated as Kubota Community Heroes.

Cornwall Community Hospital – Deena Shorkey

Report update:

- 15% increase in referrals compared to last year at this time.
- We have a pilot project in place through our Youth Wellness Hub with two schools in Prescott Russell, St Thomas Aquinas, Russell and St Francis Xavier, Hammond. This idea came forward from discussion with Michele Neville in regard to a request for addiction services at the schools based on assessed need. A counselor from the hub will attend each school once a week and work on connecting virtually to addiction services that are located at the hub to try and engage the youth in services.



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- Staff have received training on Eating Disorder through CHEO as a means to enhance community capacity as we are seeing more youth with patterns of restricted eating.

Family and Children's Services of Lanark, Leeds and Grenville – Tom Jordan **Report update:**

- We hosted a successful Ontario Educational Championship Team (OECT) Conference virtually on October 21/21.
 - Over sixty-five people from across the province participated.
 - The focus was on the launch of the Be the Bold initiative, which involves the establishment of an educational support network for youth in care in secondary schools and post secondary institutions.
- Our Annual Snowsuit Drive and Angel Tree Campaign are starting.
 - We partner with Service Clubs and Businesses in all three counties on these important events.
- October 17th to October 23rd, 2021, was Foster Family Appreciation Week. Every year the third week in October is devoted to raising awareness about foster care and celebrates the important contributions foster parents make to the lives of children and youth. During this week we recognize the amazing foster families who play a vital role in our community.

Community Member – Kim Peterson **Report update:**

- There are a number of free online sessions being offered by the OCSB (Ottawa Catholic School Board) which is open to ALL. These online sessions are applicable to special education. They have recently reached out to other Catholic school boards in Ontario that their free sessions that are open to ALL.
 - **Raise Them Strong: Building Resilient Kids with Brooks Gibbs**
Date: November 4, 2021. 7 pm
Registration: <http://OttawaCSPA.eventbrite.com>
About the Session: Learn how to raise socially savvy, emotionally resilient, and happy & friendly kids.

Brooks teaches parents and students two basic principles:
 - Don't get upset (Emotional Resilience)
 - Treat them like a friend (The Golden Rule)

Most youth aggression is non-criminal and consists of name-calling, social exclusion, rumours, etc. These behaviours are inevitable between siblings at home and peers at school. Despite the pettiness of these behaviours, they can do tremendous emotional harm to a student. Brooks teaches students how to protect their emotions from the



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effects of these behaviours through emotional resilience. He also communicates the genius of The Golden Rule. This social instruction teaches students how to make friends and manage their perceived enemies. The Golden Rule takes advantage of the law of reciprocity, and as students learn to treat others as friends, this positive behaviour becomes the social norm. His 45–50-minute high-energy session is full of excellent information and can be applied to any non-criminal aggression at home, at school, or online. Brooks, of course, encourages students to seek adult intervention when they feel like they are in danger or cannot handle the aggression on their own.

*Students are welcome and encouraged to attend with their parents.

- **Supporting Indigenous Student Success**

Date: November 18, 2021, 6:30 pm

Registration: <http://OttawaCSPA.eventbrite.com>

All are welcome to this inclusive event where we celebrate Indigenous culture and traditional knowledge. Gain insight and hear directly from the Indigenous community regarding what Supporting Indigenous Student Success looks like. Hear from Theland Kicknowsay and his parents Elaine & Vince as they share their experiences and offer insight.

Theland is an activist, a role model, and an educator who weaves his culture into all that he does. He has shared his talent with many schools both in-person and virtually these past few years and is a recent high school graduate from the Ottawa region.

- **Supporting Great Study Habits**

Date: Tuesday, November 30, 2021, 7 pm

Registration: <http://OttawaCSPA.eventbrite.com>

Event Description:

How can I help my child be more successful at school? What can I do to teach study skills, organizational skills and time management? How do we manage homework? Join local Trainer / Parent Coach, Joanne Boyd, for a 1.5-hour workshop to explore productive strategies to better support the development of successful study habits. We will discuss the parent's role in setting the stage; supporting your child's strengths & learning style; creating great environments and systems for learning; understanding the barriers to good study habits; thinking positively through difficult tasks. Practise study/learning skills now to create great habits for life! Suitable for parents/caregivers of children aged 6 to 18 years.



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- **Family Dinners over the Christmas Break**

Date: Tuesday, December 7th at 7 PM

Registration: <http://OttawaCSPA.eventbrite.com>

Event Description:

The holiday season is fast approaching and that means gatherings with family and friends! We all know that most get-togethers during this time of year are centered around delicious food. Join your Dietitian, Emily Fitzgerald, to learn more about creating balanced festive meals for the whole family. And discover tips for saving time in the kitchen so you can spend more quality time with your loved ones.

IV. Department Update

- Individual Education Plans for this school year have now gone home to all families. As we have migrated to a new IEP platform, the I.E.P. has a new and improved look.
- Behaviour Crisis Consultants and Special Education Consultants are now certified as trainers in Behaviour Management Systems (BMS) and plans are in place to train and/or recertify Educational Assistants and Student Support Workers on the November 26th PD Day.
- In reviewing feedback from PD Day presentations, there is an overarching theme of trauma + behaviour + mental health. In addition to providing BMS certification/recertification for Educational Assistants and Student Support Workers on the November PD day, we are planning to provide sessions on these themes. The same sessions will be offered optionally to teachers before or after school.
- New Special Education Resource Teachers training will be taking place in the next couple of weeks.
- To support pathways planning in our schools and to promote parent engagement, Student Success will be booking various speakers throughout the year. (*At this time, all events will be virtual.) The first speaker is Brandon Love from the Beanstalk Project. He uses entertainment and personal experience to engage his audience members and to illustrate the importance of informed choices regarding pathways planning. There will be a speaker series for secondary students and one for parents, both taking place on November 15th. Details are being shared on secondary school and our Board's social media platforms.

V. **Presentation: Behaviour Management Systems**

Behaviour Crisis Consultant, CDSBEO – Cindy Scott

Behaviour Management Systems Training (BMS) is a gold standard prevention and accredited training system for teachers and education workers. It provides leadership, training, and support in the effective management of behaviour in schools. BMS understands that



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successfully managing behaviour results in safe and secure learning environments - evidenced by fewer conflicts and reduced need for physical interventions and discipline.

- The primary emphases are prevention and non-physical interventions.
- The secondary emphases are on personal safety techniques, coupled with calming and de-escalation techniques.
- The third emphases are on safe containment (restraint) methods (absolute last resort – rarely required by most staff), coupled with calming and de-escalation techniques.

VI. New Business

The CDSBEO, Communications Department, has created a new SEAC information flyer to promote across our board, community, and social media platforms. The SEAC information flyer will be provided to our Catholic School Council and distributed to our local support network associations. Hardcopies of the SEAC information flyer will be made available at our school information and meet the teacher nights, as well included in our kindergarten welcome packages for new parents to our schools.

VII. Correspondence Received n/a

VIII. Motion to Excuse Regrets: n/a

IX. Next SEAC Meeting

The next meeting (*double meeting*) of the CDSBEO Special Education Advisory Committee will be held virtually on Wednesday, November 24th, 2021, starting at 6:00 p.m.

Topics for Presentations for 2021-2022 school year:

Presentations	Date
Student Re-engagement	Wednesday, Sept 1 st , 2021
Executive Functioning	Wednesday, Sept 29, 2021
Behaviour Management Systems	Wednesday, Oct 27 th , 2021
Notre Dame Greenhouse Project & CPCO ‘Making a Difference, Trauma-Informed Support’	Wednesday, Nov 24 th , 2021
Human Trafficking	Wednesday, Jan 26 th , 2022
Vision and Hearing	Wednesday, Feb 23 rd , 2022
Student Success	
Student Re-Engagement follow up presentation with Principal Panel	



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X. Good News Sharing

Members and guests shared items of good news from across our eight counties.

XI. Closing Prayer

Principal Rozon led the group in the CDSBEO Board Prayer.

XII. Motion to Adjourn the Meeting

Moved by: Karen McAllister **CARRIED**

CDSBEO SEAC Quorum Tracking

	Chair, Trustee	Vice Chair, Lanark County Support Services	Trustee	Rural FASD Support Network	Cornwall Community Hospital	Family and Children Services of Lanark, Leeds and Grenville	Member at Large (Vacant)	Total
September 1 st , 2021	P	P	P	P	P	x		5
September 29 th , 2021	P	P	P	P	P	P	P	7
October 27, 2021	P	P	P	P	P	P	P	7
November 24, 2021								
January 26, 2022								
February 23, 2022								
March 30, 2022								
April 27, 2022								
May 25, 2022								

(4 members are required to be in attendance in order to reach Quorum)