

## PA DAY AGENDA

**Elementary Educators** will utilize this time for assessment, evaluation, and reporting.

**Early Childhood Educators** will utilize the morning to prepare and complete their assessment, evaluation and reporting alongside their Kindergarten teaching partner. In the afternoon, they will participate in a special presentation titled ***Reclaiming Play: Revitalizing Childhood to Combat Anxiety and Aggression*** by Hannah Beach.

**Secondary Educators and Chaplaincy Leaders** will participate in department meetings, a special presentation titled ***The Emotional Roots of Aggression and Anxiety: Supporting Change and Building Resilient Kids*** by Hannah Beach, and department-specific safety training. The training offered this year depends on whether the educator received training last year. This approach guarantees that all staff members in these positions obtain the necessary certification to deliver their courses safely.

**Educational Assistants** EAs can spend the morning reviewing student plans, preparing resources, collaborating with the team and completing any required Health and Safety modules. From 1:00-3:00 pm, EAs will attend a virtual workshop, ***Reclaiming Play: Revitalizing Childhood to Combine Anxiety and Aggression*** by Hannah Beach. They are also invited to attend another presentation by Hannah Beach titled, ***The Emotional Roots of Aggression and Anxiety: Supporting Change and Building Resilient Kids*** at 9:30 am, should they wish to participate.

**Elementary and Secondary Student Support Workers (SSWs) and Secondary Itinerant Able Workers (IAWs)** will participate in ***Rainbows*** training in the afternoon and use the morning to work on reviewing and updating students' plans (Safety Response Plans, Plans for Success, etc.).

**All School and Central Staff** are invited to attend the virtual presentation(s) titled ***The Emotional Roots of Aggression and Anxiety: Supporting Change and Building Resilient Kids*** by Hannah Beach at 9:30 am and/or the ***Reclaiming Play: Revitalizing Childhood to Combat Anxiety and Aggression*** by Hannah Beach at 1:00 pm should they wish.

## MORNING

### Details

### Session Overview

<b>Topic</b>	<b>Welcome, Land Acknowledgement, Prayer Service</b>
<b>Participants</b>	All Staff
<b>Time</b>	<b>8:15 am-8:30 am</b>
<b>Format</b>	Slide Presentation-In Person-Click <a href="#">here</a> to access the slide deck.
<b>Host</b>	CDSBEO Religious Education and Family Life Department
<b>Presenters</b>	Principal, Vice-Principal, Chaplaincy Leader/Faith Ambassador
<b>Description</b>	All staff will join in one location and begin their day by Acknowledging the Land and join as a community in prayer.
<b>Topic</b>	<b>Department Meetings</b>
<b>Participants</b>	9-12 Teachers-All Subject Areas except FSL
<b>Time</b>	<b>8:30 am-9:30 am</b>
<b>Format</b>	Group Discussion-In Person
<b>Host</b>	Principals/Vice-Principals
<b>Presenters</b>	Department Leads/Administrators
<b>Description</b>	Department Heads/Program Leads will gather departments to discuss and collaborate on school related topics/issues. Attendees could share best practices and/or success stories to inspire and motivate others or use this time to engage in collaborative planning. The goal is to provide an opportunity to communicate and share ideas to improve student achievement. Physical and Health Education Teachers, Creative Arts Teachers, and Science Teachers could use this time to review the newly published <a href="#">Safety Guidelines</a> .
<b>Topic</b>	<b>Introduction to Smash Platform for FSL Educators</b>
<b>Participants</b>	Secondary FSL Teachers
<b>Time</b>	<b>8:30 am – 9:30 am</b>
<b>Format</b>	Virtual Presentation-TEAMS-Click <a href="#">here</a> to join
<b>Host</b>	CDSBEO FSL Department
<b>Presenter</b>	Abraham Bravo, Smash Consultant
<b>Description</b>	This session will provide an overview of the Smash Education digital tool which will be fully rolled out in September 2025. Smash is a comprehensive platform that builds vocabulary acquisition, fluency, dialogue and comprehension. This platform will provide FSL teachers with action-oriented, CEFR based activities to be utilized for whole class, small group or individual student learning and instruction.

<b>Topic</b>	<b>The Emotional Roots of Aggression and Anxiety: Supporting Change and Building Resilient Kids</b>
<b>Participants</b>	9-12 Teachers, K-12 Administrators and Central Staff
<b>Time</b>	<b>9:30 am-11:00 am</b>
<b>Format</b>	Virtual Presentation-TEAMS-Click <a href="#">here</a> to join
<b>Host</b>	CDSBEO Student Success Department
<b>Presenters</b>	Hannah Beach
<b>Description</b>	Faced with an epidemic of emotional health crises and behavioural problems, teachers are simply exhausted—it's become harder than ever to lead and care for children and youth. This conversation has never been more important as we look at how we can create the conditions for change. Based on her best-selling book, <i>Reclaiming Our Students: Why Children Are More Anxious, Aggressive, and Shut Down Than Ever—And What We Can Do About It</i> , this workshop will support educators with trauma-sensitive strategies for how to build, nurture, and protect the student-teacher relationship, even with the most difficult students. We will address why children are displaying more challenging behaviours than ever, and what we can do to address these issues at their root. Join Hannah for an engaging and powerful workshop that will re-energize you as an educator and help you understand the vital importance of your leadership, needed now more than ever.

<b>Topic</b>	<b>Rainbows Training</b>
<b>Participants</b>	Student Support Workers and Itinerant ABLE Workers
<b>Time</b>	<b>9:30 am -11:30 am</b>
<b>Format</b>	Virtual Presentation-TEAMS-Click <a href="#">here</a> to join
<b>Host</b>	CDSBEO Religious Education and Equity and Inclusion Department
<b>Presenters</b>	Kate Veinotte, Religion Consultant
<b>Description</b>	The Rainbows program fosters resilience and healing in students who are grieving as a result of painful family transition. Loss comes in many forms, and Rainbows provides a safe environment where facilitators and peers help children know they are not alone as they build positive coping strategies.

**Lunch** **11:00 am-12:00 pm**

## AFTERNOON

<b>Topic</b>	<b>OPHEA and OPASSE 101</b>
<b>Participants</b>	New Secondary Physical Education Teachers or those who missed the May 2024 Safety Training
<b>Time</b>	<b>12:00 pm-2:00 pm</b>
<b>Format</b>	Virtual Training-TEAMS-Click <a href="#">here</a> to join

<b>Host</b>	CDSBEO Curriculum and Student Success Department
<b>Presenters</b>	Karen Trotter, OPHEA Ambassador
<b>Description</b>	<p>In this workshop participants will have an opportunity to:</p> <ul style="list-style-type: none"> <li>• Better understand their role and responsibilities in creating a culture of safety mindedness when working in a physical activity setting in the education system;</li> <li>• Increase their awareness and understanding of the Ontario Physical Activity Safety Standards in Education;</li> <li>• Learn how to use the Ontario Physical Activity Safety Standards in Education as a tool for their student injury prevention plan for physical activities;</li> <li>• Increase their confidence in using the Ontario Physical Activity Safety Standards in Education;</li> <li>• Reflect on current practice in creating a culture of safety mindedness.</li> </ul> <p>Once the virtual training is completed, teachers can use the remainder of this time to review the new Physical Educational Safety Guidelines can be found in the app titled "<a href="#"><u>Subject Specific Safety Guidelines (SIPI)</u></a>" on the <a href="https://mycdsbeo.com">mycdsbeo.com</a> apps page.</p>
<b>Topic</b>	<b>Workplace Safety and Prevention Services (WSPS)-Virtual Safety Training</b>
<b>Participants</b>	New Technological Education Teachers or those who missed the May 2024 Safety Training
<b>Time</b>	<b>12:00 pm-2:00 pm</b>
<b>Format</b>	Virtual Training-TEAMS-Click <a href="#"><u>here</u></a> to join and please download <a href="#"><u>this</u></a> document prior to the session.
<b>Host</b>	CDSBEO Health and Safety Department
<b>Presenters</b>	Daniel Donnini, Workplace Safety and Prevention Services
<b>Description</b>	<p>This session will provide general and specific information to Teachers, Administrators, Department Heads &amp; School Board Representatives on the nature &amp; types of injuries experienced in Ontario's School Tech Shops today. Participants will be provided with critical knowledge &amp; resources to ensure classroom safety in Tech Shop settings. This workshop will allow teachers to "Teach Students the Right Way" so they may carry this safe working mindset throughout their working career.</p>
<b>Topic</b>	<b>STAO Science Safety 101</b>
<b>Participants</b>	All Science Teachers
<b>Time</b>	<b>12:00 pm-2:00 pm</b>
<b>Format</b>	<a href="#"><u>Vector Training</u></a>
<b>Host</b>	CDSBEO Health and Safety Department
<b>Description</b>	<p>Training includes 3 modules:</p> <ol style="list-style-type: none"> <li>1. Survival Guide for Secondary Science</li> <li>2. Cross Province Check-up</li> </ol>

- *Teaching in a non-science classroom*
- *Chemical Storage*
- *Housekeeping*
- *Safety Contracts and Documentation*
- *Stock Solutions and Diluting Acids*

Once the virtual training is completed, teachers can use the remainder of this time to review the new Science Safety Guidelines that can be found in the app titled "[\*\*Subject Specific Safety Guidelines \(SIPI\)\*\*](#)" on the [mycdsbeo.com](https://mycdsbeo.com) apps page.

<b>Topic</b>	<b>Fire Extinguisher Safety (Canada)</b>
<b>Participants</b>	All Creative Arts Teachers and any Technological Education Teachers who attended the May 2024 Safety Training
<b>Time</b>	<b>12:00 pm-2:00 pm</b>
<b>Format</b>	<a href="#"><u>Vector Training</u></a>
<b>Host</b>	CDSBEO Health and Safety Department
<b>Description</b>	<p>This course will educate your team on the fire tetrahedron, the types of fires that can occur in the workplace, and how and when to use a fire extinguisher.</p> <p>Once the virtual training is completed, teachers can use the remainder of this time to review the new Creative Arts Safety Guidelines that can be found in the app titled "<a href="#"><u><b>Subject Specific Safety Guidelines (SIPI)</b></u></a>" on the <a href="https://mycdsbeo.com">mycdsbeo.com</a> apps page.</p>

<b>Topic</b>	<b>Sport Supervision and Safety</b>
<b>Participants</b>	Physical and Health Education Teachers who attended the May 2024 Safety Training
<b>Time</b>	<b>12:00 pm-2:00 pm</b>
<b>Format</b>	<a href="#"><u>Vector Training</u></a>
<b>Host</b>	CDSBEO Health and Safety Department
<b>Description</b>	<p>The goal of this course is to provide school employees with information to help diminish the likelihood of injury to students participating in physical education and sports.</p> <p>Once the virtual training is completed, teachers can use the remainder of this time to review the new Physical Educational Safety Guidelines that can be found in the app titled "<a href="#"><u><b>Subject Specific Safety Guidelines (SIPI)</b></u></a>" on the <a href="https://mycdsbeo.com">mycdsbeo.com</a> apps page.</p>

<b>Topic</b>	<b>Student Success Discussion</b>
<b>Participants</b>	Any Secondary Educators not involved in safety training.
<b>Time</b>	<b>12:00 pm-2:00 pm</b>
<b>Format</b>	Whole Group Discussion

<b>Host</b>	CDSBEO Student Success Department
<b>Presenters</b>	Principals and Vice-Principals
<b>Description</b>	<p>The School Principal will assemble Secondary Teachers to engage in a discussion and reflection on Hannah Beach's presentation using the slide deck linked below to help guide discussion. The slide deck includes several questions to choose from to guide your conversation. It is not necessary to use every question.</p> <p><a href="#"><u>Hannah Beach Debrief and Reflection Session-Secondary Staff</u></a></p>
<b>Topic</b>	<b>Reclaiming Play: Revitalizing Childhood to Combat Anxiety and Aggression</b>
<b>Participants</b>	Early Childhood Educators and Educational Assistants
<b>Time</b>	<b>1:00 pm-3:00 pm</b>
<b>Format</b>	Virtual Presentation-TEAMS-Click <a href="#"><u>here</u></a> to join
<b>Host</b>	CDSBEO Curriculum Department
<b>Presenters</b>	Hannah Beach
<b>Description</b>	<p>Children are becoming more anxious and aggressive. The common thread? A stark decline in free play. After this session, you may never see play the same way again. Our current culture has replaced play with entertainment and structured activities. We are now seeing the emotional side effects of the loss of play as aggression and anxiety in young people is at an all-time high. The research is clear: children learn and develop best through play. And yet, children are playing less than ever. In fact, this is the first generation of children since the dawn of time that does not have a play-based childhood. The side effects? Children and youth are struggling, and teachers are simply exhausted. It has become harder than ever to lead and care for kids. This conversation has never been more important as we look at how we can support children's emotional health and learning. We'll unpack the science behind play and how it lowers anxiety and aggression, builds resilience, fosters social and emotional health, and increases natural curiosity and engagement with learning. Join Hannah for a powerful workshop that will help you gain insight into the psychology of play and how it works to support children to learn and discover their best selves.</p>
<b>Topic</b>	<b>Feedback Survey</b>
<b>Participants</b>	<p>All staff are asked to complete the feedback survey as per Ministry of Education guidelines.</p> <p><a href="#"><u>Support Staff Feedback Link</u></a></p> <p><a href="#"><u>Secondary Educator Feedback Link</u></a></p> <p><a href="#"><u>ECE Feedback Link</u></a></p>

## End of Day