PREVALENT MEDICAL CONDITION – EPILEPSY

Plan of Care (Sample)

STUDENT INFORMATION:

Student Name_________________	Date of Birth_______________	Student Photo (optional)
Ontario Ed. #_________________	Age_______________________	
Grade________________________	Teacher(s)________________	

EMERGENCY CONTACTS (LIST IN PRIORITY):

NAME	RELATIONSHIP	DAYTIME PHONE	ALTERNATE PHONE
1.			
2.			
3.			

Has an emergency rescue medication been prescribed? ☐ Yes ☐ No

If yes, attach the rescue medication plan, healthcare providers' orders and authorization from the student's parent(s)/guardian(s) for a trained person to administer the medication.

Note: Rescue medication training for the prescribed rescue medication and route of administration (e.g. buccal or intranasal) must be done in collaboration with a regulated healthcare professional.

KNOWN SEIZURE TRIGGERS

CHECK (✓) ALL THOSE THAT APPLY

☐ Stress ☐ Menstrual Cycle ☐ Inactivity

☐ Changes In Diet ☐ Lack Of Sleep ☐ Electronic Stimulation (TV, Videos, Florescent Lights)

☐ Illness ☐ Improper Medication Balance

☐ Change In Weather ☐ Other ______________________________

☐ Any Other Medical Condition or Allergy? ______________________________

____

DAILY/ROUTINE EPILEPSY MANAGEMENT

DESCRIPTION OF SEIZURE (NON-CONVULSIVE)	ACTION:
	(e.g. description of dietary therapy, risks to be mitigated, trigger avoidance.)

DESCRIPTION OF SEIZURE (CONVULSIVE)	ACTION:

SEIZURE MANAGEMENT

Note: It is possible for a student to have more than one seizure type.
Record information for each seizure type.

SEIZURE TYPE	ACTIONS TO TAKE DURING SEIZURE
(e.g. tonic-clonic, absence, simple partial, complex partial, atonic, myoclonic, infantile spasms) Type: ______________________________ Description: __________________________	

Frequency of seizure activity: ____

____

Typical seizure duration: ____

BASIC FIRST AID: CARE AND COMFORT

First aid procedure(s): ____

____

Does student need to leave classroom after a seizure? ☐ Yes ☐ No

If yes, describe process for returning student to classroom: ____________________________

____

BASIC SEIZURE FIRST AID

- Stay calm and track time and duration of seizure
- Keep student safe
- Do not restrain or interfere with student's movements
- Do not put anything in student's mouth
- Stay with student until fully conscious

FOR TONIC-CLONIC SEIZURE:

Protect student's head
Keep airway open/watch breathing
Turn student on side

EMERGENCY PROCEDURES

Students with epilepsy will typically experience seizures as a result of their medical condition.

Call 9-1-1 when:

- Convulsive (tonic-clonic) seizure lasts longer than five (5) minutes.
- Student has repeated seizures without regaining consciousness.
- Student is injured or has diabetes.
- Student has a first-time seizure.
- Student has breathing difficulties.
- Student has a seizure in water

*Notify parent(s)/guardian(s) or emergency contact.

HEALTHCARE PROVIDER INFORMATION (OPTIONAL)

Healthcare provider may include: Physician, Nurse Practitioner, Registered Nurse, Pharmacist, Respiratory Therapist, Certified Respiratory Educator, or Certified Asthma Educator.

Healthcare Provider's Name: ____

Profession/Role: ____

Signature: ______________________________ Date: ____________________

Special Instructions/Notes/Prescription Labels:

If medication is prescribed, please include dosage, frequency and method of administration, dates for which the authorization to administer applies, and possible side effects.

*This information may remain on file if there are no changes to the student's medical condition.

AUTHORIZATION/PLAN REVIEW

INDIVIDUALS WITH WHOM THIS PLAN OF CARE IS TO BE SHARED

1. ____________________ 3. ____________________ 5. ____________________

2. ____________________ 4. ____________________ 6. ____________________

Other individuals to be contacted regarding Plan Of Care:

Before-School Program ☐ Yes ☐ No ______________________________

After-School Program ☐ Yes ☐ No ______________________________

School Bus Driver/Route # (If Applicable) ____

Other ____

This plan remains in effect for the 20___- 20___ school year without change and will be reviewed on or before:____________________. (It is the parent(s)/guardian(s) or student responsibility to notify the principal if there is a need to change the plan of care during the school year.)

Parent(s)/Guardian(s): ______________________________ Date: ______________________________
Signature

Student:____ Date: ______________________________
Signature

Principal: ______________________________________ Date: ______________________________
Signature