



## **Appendix B: Notification of Allergies and Creating an Allergy Safe Environment Letter to Parents/Guardians**

Dear Parent(s) and / or Guardian(s),

Within our school community there are several students who have a potentially life-threatening allergy (anaphylaxis) to foods, predominantly to peanuts and tree nuts (e.g., almond, cashew, hazelnut, pistachio). We feel the best way to reduce the risk of accidental exposure to these students is to respectfully ask for the co-operation of the parents/guardians within this school community to not send peanut butter or products with peanuts listed in the ingredients. In order to avoid confusion and ensure safety, we also ask that peanut butter simulation products (such as Wow Butter) not be sent with your child to school.

In ensuring that we are creating a safe environment for all of our students, we ask that parents/guardians please ensure that your school has all the required information regarding any allergy your child may have.

Thank you for your understanding. While it is impossible to create a risk-free environment, we thank you for helping us to provide an "allergy-safe" environment for children at risk of anaphylaxis.

Please reach out to your school Principal should you have any questions or concerns.

Yours Truly,

The Catholic District School Board of Eastern Ontario