



CATHOLIC DISTRICT SCHOOL BOARD OF EASTERN ONTARIO

Student Success Initiative

1500B Cumberland Street - Cornwall, Ontario - K6H 7B7
Phone: 613-933-1720 Toll-Free: 1-800-267-7136 Fax: 613-933-7966
www.cdsbeo.on.ca



CDSBEO CELEBRATES

Winter Solstice

on December 21, 2020 at 8:30 am

with [Suggestions for Learning](#)

In order to embrace the [Winter Solstice](#), and in conjunction with this year's Indigenous Theme of [Skyworld](#), the CDSBEO's Indigenous Education, Science, Early Years and French Departments collaborated to bring you a live-link document outlining grade specific, and cross-curricular, resources. The [Winter Solstice](#) marks the 24-hour period with the fewest daylight hours of the year (here in the Northern Hemisphere, anyway) and is a fascinating annual occurrence with scientific, historical and cultural connections.

***ONCORE** videos are located in your apps, and the link will need to be copied and pasted into the search bar.

For example, a short video for K-3 is [The Cold Truth](#) about a young boy who learns about the impact of the changing of the seasons. Or, for a grade 11-12 class, [Gourmet Series](#) where Chef Moe Mathieu makes connections between traditional foods and weather patterns might be an interesting choice.

*A reminder that **MYON** is a phenomenal resource to supplement learning, and these listed resources are only a fraction of what you can find on this site!

For example, a resource for a K-2 class might be [In the Light of Grandmother Moon](#) that illustrates the relationship between people and the sky, or [Winter](#), a nonfiction text about the signs and characteristics of winter.



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Grades	Online Resources & Learning Experiences
Educator PD	<p>Time & Date Information regarding dates and times of the winter solstice, as well as live link resources to bring into your classroom.</p> <p>Sky Chart This link contains a sky chart with names from First Nations groups.</p> <p>Decolonizing the Sky Though not explicitly connected to the Winter Solstice, this article connects and explains Indigenous contributions to science and astronomy.</p> <p>A Cree Perspective Wilfred Buck shares the significance of the Winter Solstice through a traditional Cree lens in this short video.</p> <p>Winter Solstice Celebrations An article outlining the various ways that different Indigenous groups celebrate the Solstice, and the symbolic and scientific meaning of this time.</p> <p>Quviasukvik A thorough article outlining the reasons for the Inuit celebration of the Winter Solstice, today and historically.</p> <p>Planet Conjunction A short article which explains the rare conjunction of Jupiter and Saturn on the night of the solstice.</p> <p>SkyGuide App Study stars, comets, and satellites easily through this app's built-in compass, detailed descriptions, a time-lapse feature and a great soundtrack for the stargazing experience.</p>
K~3	<p>The Shortest Day, Winter Begins A short YouTube video which explains the change from fall to winter, characteristics of winter, and the change from winter to spring.</p> <p>Winter Solstice (Poem) A short poem about the solstice by Joy Frost.</p> <p>The Shortest Day (Celebrating the Winter Solstice) An online read-aloud of Wendy Pfeffer's book which explains what the solstice is using lyrical prose and pretty illustrations.</p>



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	<p>Make A Winter Solstice Lantern Create an ice lantern with students that can melt down throughout the evening of the solstice.</p> <p>Orange Pomanders for Winter Solstice This Christmas ornament craft is fun and smells great too! An orange can represent the return of the sun, and students can easily celebrate the solstice by creating a decoration.</p> <p>A Winter Solstice Tree Celebrate the winter solstice by giving back to nature through the creation of garlands and bird feeders.</p> <p>Idéllo: La soirée dansante du solstice d'hiver It's the winter solstice, the shortest day of the year. Daisy completely forgot about it and the dance party and didn't prepare anything!</p> <p>Célébrons le solstice d'hiver! Ce document contient différentes activités en français pour célébrer la première journée de l'hiver.</p>
4~6	<p>What is a Solstice? A short video clip produced by National Geographic that summarizes exactly what is a solstice.</p> <p>Throat Singing Join Susan Aglukark as she explains and explores the rich cultural artistry of throat singing. Then, watch the Inuit Duo as 2 young girls bring in the Solstice with throat singing. Consider body language, connection, melody and the story behind these songs as you watch.</p> <p>Idéllo: La soirée dansante du solstice d'hiver It's the winter solstice, the shortest day of the year. Daisy completely forgot about it and the dance party and didn't prepare anything!</p> <p>Célébrons le solstice d'hiver! Ce document contient des activités en français pour célébrer la première journée de l'hiver.</p>



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<p>7~10</p>	<p>A Cree Perspective Wilfred Buck shares the significance of the Winter Solstice through a traditional Cree lens.</p> <p>Throat Singing Join Susan Aglukark as she explains and explores the rich cultural artistry of throat singing. Then, watch the Inuit Duo as 2 young girls bring in the Solstice with throat singing. Consider body language, connection, melody and the story behind these songs as you watch.</p> <p>Célébrons le solstice d'hiver! Ce document contient des activités en français pour célébrer la première journée de l'hiver.</p> <p>Solstices, Soleil de minuit et nuit polaire Le cercle arctique connaît d'importants changements en ce qui a trait aux périodes quotidiennes d'ensoleillement et de noirceur.</p>
<p>11~12</p>	<p>A Cree Perspective Wilfred Buck shares the significance of the Winter Solstice through a traditional Cree lens.</p> <p>Quviasukvik A thorough article outlining the reasons for the Inuit celebration of the Winter Solstice, today and historically.</p> <p>La mesure du temps "Le concept de mesure du temps chez les peuples autochtones, amérindiens et inuit, est radicalement différent de celui des Européens." Lire et discuter de l'article.</p> <p>Tapestry This CBC program is from 2014, but this hour-long radio session explores the Winter Solstice through story-telling from Iqaluit and is timeless.</p> <p>Winter Solstice & Astronomy CBC Indigenous outlines the 2019 winter solstice through a discussion with the Friends of the Dominion Astrophysical Observatory in this 8-minute radio clip.</p>



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[Célébrons le solstice d'hiver!](#)

Ce document contient des activités en français en lien à la première journée d'hiver.

* If you have any questions, comments, or concerns, please feel free to reach out:

Meghan.Wood@cdsbeo	Curriculum: Science & Math Consultant
Carrie.Seguin@cdsbeo.on.ca	Curriculum: Early Years Consultant
Chantal.Clermont@cdsbeo.on.ca	Curriculum: French Consultant
Marian.LawsonMacDonald@cdsbeo.on.ca	Student Success: Indigenous Education Lead
Celine.Langevin@cdsbeo.on.ca	Student Success: Indigenous Education Consultant