

October 31, 2024

NU # 265 – BO2024

Position: **Mental Health Counsellor – Long Term Occasional**
Location: **Kemptville Board Office (with travel to CDSBEO schools)**
Hours of work: **35**
Salary: **\$75,360 - \$89,694/annum**
Effective: **Immediately – March 21, 2025**

Note

Please refer to the attached job description for further information.

Qualifications

- Completion of a graduate degree (Masters) in Psychology, Social Work, Counselling, or related field, with relevant graduate level courses and training and experience in providing therapy/ counselling. Completion of a bachelor's degree with relevant undergraduate counselling courses and training and work experience may also be considered.
- Be a current member in good standing with the College of Psychologists of Ontario, the Ontario College of Registered Psychotherapists, or the Ontario College of Social Workers.
- Professional experience in providing evidence-based therapy and interventions (e.g., CBT, BRISC, BDI), psychoeducational supports and mental health services to children and adolescents (minimum of 2 years).
- Ability to use tact, discretion and maintain information in the strictest of confidence.
- Excellent organizational, communication and coordination skills.
- Must be self-directed and detail oriented.
- A valid driver's license and access to a vehicle, and willingness to travel to rural schools across the CDSBEO are required.

Send application and curriculum vitae no later than:

Thursday November 7, 2024 by 4:00pm

e-mail: hr@cdsbeo.on.ca | fax: (613) 258-3610

CDSBEO is committed to providing an inclusive, accessible and barrier-free workplace. If you will require an accommodation during the job selection process, please let us know and we will work to meet your needs.

A. Job Identification:

Title: Regulated Mental Health Counsellor

Immediate Supervisor: Superintendent of School Effectiveness/Mental Health Strategist

B. Job Summary:

Under the direction of the Superintendent of School Effectiveness and the clinical supervision of the Mental Health Strategist, the Regulated Mental Health and Addiction Counsellor will provide short-term, evidence-based intervention services to students in Catholic District School Board of Eastern Ontario schools, who present with mild to moderate mental health concerns.

C. Duties and Responsibilities:

- Conduct intake interviews with students to determine level of therapeutic need and whether needs fall within the Board's service delivery model.
- Provide *brief* evidence-based therapeutic interventions as endorsed by School Mental Health Ontario (e.g., BRISC, BDI, CBT) to students with mild to moderate mental health needs to address short-term goal setting.
- Develop and provide evidence-based psycho-educational and skill-building groups to students on a variety of mental health topics (e.g., healthy relationships, anxiety, depression, stress awareness and coping skills, etc.).
- Liaise and refer students with complex and/or chronic mental health concerns to intensive mental health services available through community agency partners, as needed.
- Be knowledgeable and follow Board Protocols (e.g., SPIRR, VTRA, Child Protection), as needed.
- Conduct suicide risk assessments as needed, report risk of harm to self or others, report child protection concerns, etc.
- Participate in bi-monthly clinical supervision to review therapeutic case planning, monitor therapeutic progress of students, triage service provision, and discuss and resolve ethical issues.
- Travel across the Board spending part or whole days, as required, to provide mental health services to students in schools.
- Consult and liaise with members of multi-professional teams including, teachers, school administrators, student liaison consultant, psychology team and external community partners ect., to ensure a coordinated effort in supporting student mental health.
- Maintain case notes and client files related to individual and group interventions.
- At the request of Superintendents, may be called upon to assist crisis response team in responding to a school crisis.
- Develop and deliver professional learning sessions to educators, other board personnel and parents.
- Perform other duties as assigned which are unplanned or of a transient nature and are consistent with the above job summary and duties.

D. Qualifications:

- Completion of a graduate degree (Masters) in Psychology, Social Work, Counselling, or related field, with relevant graduate level courses and training and experience in providing therapy/ counselling. Completion of a bachelor's degree with relevant undergraduate counselling courses and training and work experience may also be considered.
- Be a current member in good standing with the College of Psychologists of Ontario, the Ontario College of Registered Psychotherapists, or the Ontario College of Social Workers.
- Professional experience in providing evidence-based therapy and interventions (e.g., CBT, BRISC, BDI), psychoeducational supports and mental health services to children and adolescents (minimum of 2 years).
- Ability to use tact, discretion and maintain information in the strictest of confidence.
- Excellent organizational, communication and coordination skills.

- Must be self-directed and detail oriented.
- A valid driver's license and access to a vehicle, and willingness to travel to rural schools across the CDSBEO are required.

E. Commitment to Equity:

The CDSBEO is committed to equity in employment. We are committed to equitable hiring practices. We are committed to the inclusion and anti-oppression practices.